# **AllView** Healthcare

## MELANOMA CHECKER

Care-path for patients

#### What is AllView Healthcare?

Ireland's fastest route to access a Consultant Dermatologist diagnosis.

Who can be referred? AllView Healthcare's Dermatology service is suitable to all patients across Ireland who require an opinion from an Irish based Consultant Dermatologist for any dermatological condition visible on the skin (e.g. up to 3 different skin lesions, acne, acute/chronic inflammatory skin diseases).

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#### **ASYMMETRY**

If you draw a line through the middle, the two sides will match, meaning it is symmetrical.



A benign mole has smooth, even borders, unlike the one to the far right.



Most benign moles are all one colour - often a single shade of brown.



Benign moles usually have a smaller diameter than malignant ones.



Common, benign moles look the same over time. Be on the alert when a mole starts to evolve or change in any way.

#### **BENIGN**



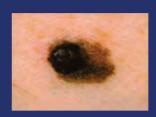








#### **MALIGNANT**



If you draw a line through this mole, the two halves will not match, meaning it is asymmetrical - a warning sign for melanoma.



The borders of an early melanoma tend to be uneven. The edges may be scalloped or notched.



Having a variety of colours is another warning signal. A number of different shades of brown, tan or black could appear. A melanoma may also become red, white or blue.



Melanomas usually are larger in diameter than the size of the eraser on your pencil (1/4 inch or 6mm), but they may sometimes be smaller when first detected.



When a mole is **evolving**, see a doctor. **Any change** - in size, shape, colour, elevation, or another trait or any **new symptom** such as bleeding, itching or crusting points to danger.

Source: www.SkinCancer.org

#### **HOW DOES IT WORK?**

The Patient attends one of our national clinic locations.

- A specialist nurse led clinic where medical images of the referred skin condition are taken along with a detailed medical history.
- The Patient's case is then reviewed by one of our Irish based consultant dermatologists who will provide a diagnosis, a treatment plan and management advice to the patient within 30 days after their appointment.
- 3. An AllView Healthcare GP will call all patients to discuss results, issues prescriptions and manage referrals to public or private dermatology departments if required.

**AllView Healthcare does NOT provide:** Full body examinations / Mole mapping / diagnosis for patients under the age of 16.

### HOW CAN YOU REFER TO ALLVIEW HEALTHCARE?

Inform your patient to contact us directly for an appointment, no GP referral is required.





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